

## Embark Mental Health Teletherapy Consent Form

1. Teletherapy is the delivery of psychological treatment and consultation provided through interactive internet technologies where the client and the therapist are not in the same physical location.
2. The Embark Mental Health Teletherapy Consent Form is meant to address the specific issues involved in teletherapy delivery and is in addition to the Embark Mental Health Informed Consent.
3. Clients are expected to attend therapy sessions regularly and require a 24-hour notice for cancellation and reschedule.
4. A lack of access to the information that might be achieved in a face to face visit but not in a teletherapy session may result in errors in psychological judgment.
5. There might be a risk of deficiencies, delays or failures during the transfer of services due to electronic circumstances. It is client responsibility to secure an efficient internet connection. Using other applications, having other programs open, or answering calls/text messages during teletherapy sessions may interrupt the internet connection, which will negatively impact the quality of the teletherapy session.
6. Teletherapy does not provide emergency service.
7. All information provided will be held confidential and will not be disclosed without permission, except where disclosure is required by law. The electronic systems that are used throughout the service incorporate network and software security protocols (encryption) in order to protect the confidentiality of the client information and data.
8. Therapist and client will work to develop a plan if a disconnection during session would occur.
9. Clients are expected to secure their own privacy during teletherapy sessions. Therapist will secure privacy on her end.
10. Appropriate session etiquette is expected during teletherapy sessions (i.e. on time, properly dressed, sitting upright, do not answer text messages or phone calls during sessions, etc.).
11. Teletherapy sessions are not a right fit for every client. Therapist and client will continuously assess the effectiveness of teletherapy services and change the service delivery if needed.

12. Both client and therapist ***must be located*** in the state of South Dakota at the time of the teletherapy session. Safety is of utmost importance, if client chooses to secure their privacy in their vehicle, the vehicle must be in park and locked at the time of the teletherapy session.
13. As of now, some insurances are covering teletherapy sessions, this may change. We encourage you to check with your insurance company to understand the coverage of teletherapy sessions.

**By signing below, you acknowledge that:**

- You fully understand and accept the terms mentioned above
- You authorize the release of any information necessary to process insurance claims

Client Name: \_\_\_\_\_

Parent / Guardian (If applicable): \_\_\_\_\_

Email Address:

\_\_\_\_\_

Client or Parent / Guardian Signature:

\_\_\_\_\_ Date: \_\_\_\_\_